



# JAN HOATH

SPEAKER △ AUTHOR △ THE J.O.Y. MENTOR  
FOUNDER OF THE HAPPINESS PRISM™

# SPEAKER KIT



AUTHOR SPEAKER

## WHY JAN...

Jan, The JOY Mentor is here to fulfill on the facilitation of the vision of a joy led world. As a speaker, teacher, coach, writer, she helps big vision leaders and entrepreneurs learn to approach their business- and their life- from a place of authentic joy, playfulness and presence.

Joy is a high level of conscious in which you are more creative, productive, effective, efficient, inspired, healthy, wealthy, and attractive to ideal opportunities and resources. Working with Jan you optimize your potential in all areas of your leadership, business, and life to both approach and achieve greater outcomes.

## WHAT TO EXPECT...

### **Here's what you can expect from Jan and her team:**

- Training & presentations will be professionally prepared and dynamically delivered, focused on achieving the outcomes you want with your audience.
- Speeches will be customized to suit your event theme and audience.
- Hosted events will be fun and high energy, while keeping the crowd engaged.
- An announcement about your event on Jan's newsletter and social media channels. (This assumes that your event is open to the public and you want additional visibility for it.)
- A personal phone consultation with Jan and her team prior to your event, to better understand how we can work together to make the event a success.
- Prompt, professional replies to your phone calls and email messages.

# JAN HOATH

Jan brings a unique blend and approach to her work drawing on her extensive experience as a leadership coach, mindfulness meditation teacher, former professional alpine ski instructor, and masterful student of life, which have culminated in her signature framework of The Happiness Prism™, through which she guides her clients to build a no regrets life, leadership expression, and legacy.

As a teacher and speaker, Jan exudes enthusiasm, possibility, and passion for the success of her clients through her JOY message such that you cannot help but to feel inspired and uplifted simply by being in her presence. Her powerful energy alone is priceless, yet her timeless approach to a joy led business and life is profoundly simple, doable, and attainable that more than achieving an enhanced bottom line, serves you to excel in creating the meaningful impactful business and life experience you deserve.

A demonstration of her work, Jan has courageously and graciously faced monumental circumstances ranging from a family tragedy to a cancer scare with her then six week old son and more, all amplifying her ability to be both be relatable and masterful to compassionately teach and guide others through the awakening of their no regrets life and legacy.

Jan can be found embodying her J.O.Y. message skiing and hiking the mountains of Jackson Hole, surfing the waves of Costa Rica, sailing the seas of the Caribbean, meditating with moose, speaking at women's leadership summits, facilitating J.O.Y. coaching programs and retreats, and at home in her log cabin in the woods with her beloved family of 2 kids, Australian husband, and Bernese mountain dog.





# TESTIMONIALS

*"Jan absolutely radiates joy in her energy and her smile and in how she shows up for her clients. Joy is truly a revenue generating activity. It's not just a "nice to have" it's a must have in our lives. Jan masterfully helps us all see that in a very powerful way. I highly recommend you work with Jan Hoath to help improve your life in simple and joyful ways that will have such a phenomenal impact on your overall experience of this world. You will be happier and healthier and the whole world will be better for it!"*

**– Nicole Cramer,  
High Energy Sales Coach and Expert**

*"Jan's coaching provided one of the most profound experiences of my life. Her coaching was impeccably insightful and caused a powerful shift in how I related to leadership. This has enabled me to obtain results in my career, marriage, and family that would have otherwise remained elusive. I highly recommend Jan without question or hesitation. She will alter your experience of life."*

**– Alan Bryner,  
Technical Communications Specialist at Ampt,  
LLC**

*"Jan is thoughtful in her new approach to coaching. She is trained and experienced in all aspects of coaching. I highly recommend her services and would be happy to speak with someone about it. Jan practices what she preaches. I have learned new things about myself through her coaching."*

**– Kathleen Wanatowicz,  
Principal at Project Resource Studio | PR STUDIO**



# POPULAR KEYNOTES

## ***THE FRUITLOOP MOMENT: Finding Joy in Our Darkest Hour***

What if resilience and perseverance had nothing to do with force? What IF all your possibility making power came from a surprising source— one that which you could access in just moments... from within? And what IF that source were also what will have you “succeed” in life in general?

“Sometimes God yells”, and whether you are religious or not, life can come at us in torrential turbulent violent “storms” in which we are faced with unimaginable circumstances— our darkest hour. In that moment do you crumble into despair, letting the “storm”, the circumstance take you down and drag you around? Or do you push through, grin and bear it, make it work?

*In this transformational talk I will take the audience on a journey to:*

1. Realize their unlimited potential from which they may create miraculous outcomes while persevering life’s challenges and pursuing life’s possibilities.
2. Discover their Soul Superpower of JOY, their greatest renewable resource viable to them at all times.
3. Ultimately come away uplifted and enlightened in what is possible no matter what life brings them, AND empowered to embrace life wholeheartedly.



# POPULAR KEYNOTES

## ***LIVING A NO REGRETS LIFE***

The most common reflection from people on their deathbed is that they REGRET not living a fuller life. While morbid, this message hits home for most when they consider how they are living now. When the kids are gone, when the job title and pay raise finally come through, when the X— you name it. But what IF that “someday” never comes? It is insidious in our culture to chase dreams and visions, focusing on the destination, the “success”, rather than to appreciate the precious gift of life — in — each — breath. The process of building a no regrets life will surprise you, yet in the end you will have your mind blown as to the possibilities when you live true to you.

*In this transformational talk I will take the audience on a journey to:*

1. Realize the importance, power of, and the miraculous results of living in the now, honoring and enJOYing the journey while having JOYful anticipation of the “destination.”
2. Discover what matters to them most, redefining what success looks like, as their unique path and purpose, and be empowered to claim this gift of life through JOY on their terms.
3. Ultimately come away with a plan to live each day with maximum impact and in a way that when they leave this world, it will be with no regrets.



# POPULAR KEYNOTES

## ***Boost Your Bottom Line Through Joy***

Productivity, results, and passion missing from your company, your team, ... you? You thought better systems, better time management, better motivation would make the difference but it's just not cutting it to achieve your vision.

The old ways of doing, just don't work. Doing more is not the answer. Being more is. And being more joyful, to be exact, to achieve your goals and grow your business sustainably.

Contrary to popular opinion, joy, happiness, IS your competitive advantage as science has now proven you 31% more productive and 37% more effective in sales with a positive outlook vs neutral or negative stance. Furthermore, they have found doctors are 19% faster and more accurate with a positive perspective. Besides, who would you and your team rather work with? Someone who is neutral, negative, or positive?

*In this transformational talk I will take the audience on a journey to:*

1. Realize their unlimited company potential through J.O.Y. that directly affects the bottom line as well creating resiliency and increased retention rate for team members.
2. Discover how JOY is the gateway for more effectiveness and efficiency within the organization.
3. Ultimately come away uplifted and inspired by the truly endless possibilities within the company by employing the JOY method.



# TALKING POINTS

- How to create incredible relationships, build wealth, and have impact through the power of joy
- How to discover who you really are
- How happiness is different from joy and why that matters
- Honoring what really matters so that we are able to build a no regrets life
- My own personal story of overcoming monumental circumstances
- “Fruit Loop Moments” and how we can find them
- What is the Soul Superpower of J.O.Y.?
- The importance of play in our day-to-day lives
- 3 elements of The Happiness Prism (TM)
- The secret to finding and keeping joy in our lives
- How to untangle the stories we tell ourselves that keep us stuck
- Navigating the waves of life’s circumstances
- The Ripple Effect
- Simple steps we can each take every day to increase our own joy
- Bringing the prism together to build the life you need





# FEES

Jan's speaking fees vary depending on topic, duration and audience size. Please inquire for exact rate.

## **FEES ARE CUSTOMIZABLE AND NEGOTIABLE**

### **ADDITIONAL CONSIDERATIONS:**

When deciding to book me, here are some additional things to consider in your budget.

#### **Event Admission:**

- Event tickets for 2

#### **Travel Arrangements:**

- Airfare for two
- Ground Transportation/ rental car

#### **Meals & Gratitudes:**

- Per diem \$100/day

#### **Hotel Accommodations**

- 4-star hotel or higher
- Ground transportation to hotel
- 1 room for speaker and guest

## **FULL SPEAKERS RIDER PROVIDED UPON BOOKING**

---



# TO BOOK

JAN@JANHOATH.COM 

(970) 379-9474 

